

HARVESTER CHRISTIAN ACADEMY
ROAD RUNNERS
2018-2019

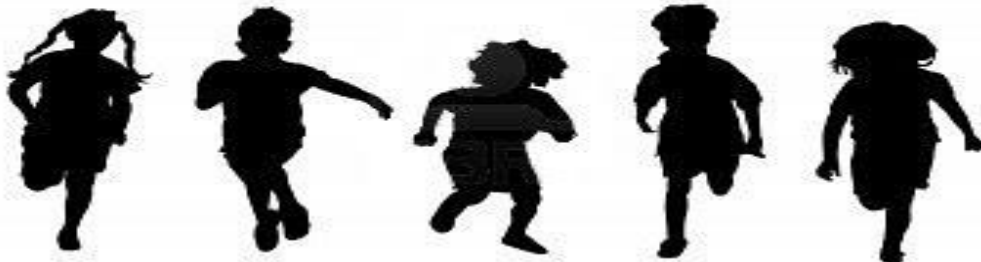
Our Harvester Christian Academy Road Runners program is for students in grades 1st – 5th. The purpose of Road Runners is to provide students with the opportunity to enhance their running abilities and fellowship with other HCA students while learning leadership skills through team building and service projects.

PRACTICES: Our first practice is Wednesday, September 5th! So Register Now!

1. Practices are held every Wednesday after school (rain or shine) from 3:30 p.m. to 4:45 p.m.
2. Elementary students are dismissed to Ms. Scott's classroom immediately following their dismissal from school. During this time students will have a snack and get ready for practice.

TEAM MEMBER RESPONSIBILITIES:

1. Attend all practices.
2. Dress appropriately for practice: *All runners must wear running shoes in order to participate in practice. If students are not dressed appropriately to run they will not be allowed to participate in practice and will be sent to EE.*
3. To come to practice ready to listen, learn and most of all run. *Runners who are unruly or unwilling to follow instructions will not be allowed to practice and will be sent to EE and terminated from Road Runners.*
4. To wear your race shirt to all races.
5. To encourage your team members and Have Fun Running!



PARENT RESPONSIBILITIES:

1. To submit all race forms to the host school listed on the registration forms. ***Please DO NOT give race forms to HCA teachers, coaches or the Athletic Department.***
2. To pick up your child's race day packet/race number at the host school.
3. To have your child at the scheduled race 30 minutes before start time for: Team check in, devotion, and stretching.
4. The Road Runner races that our club will be participating in are held on Saturdays. The schedule will be given out at the first practice and made available online at the time.

ROAD RUNNER MEMBERSHIP:

1. Road Runner registration of \$100 **covers the entire Road Runners** year from September through May. Our Fall season is from September – November, and our Spring season is from February – May.
2. Membership dues **DO NOT** cover the registration fees for races.
3. Yes, cheerleaders may participate in Road Runners! Please see Ms. Scott or Mrs. Hooks, to discuss the guidelines for our dual sport athletes.
4. Students must participate in a minimum of 4 races for the year in order to “letter” or receive a “bar” for the season.
5. Students are not limited to the races on the Road Runners Race schedule. Students may participate and count other races towards their 4 races.

PARENT VOLUNTEERS NEEDED:

WE WANT YOU!!

We need parent volunteers during practices and on race days in order to make our Road Runner program a success! If you are willing to serve in our program please contact:

Mrs.Hooks ~ khooks@harvesteracademy.com
Ms. Scott ~ scott@harvesteracademy.com

